

# Trainingsschema Maandag

Veld 1				Veld 5								
16.30 - 16.45	O10-1	O9-6		16.30 - 16.45	O8-1	O8-2	O9-1	16.30 - 16.45				
16.45 - 17.00				16.45 - 17.00				16.45 - 17.00				
17.00 - 17.15				17.00 - 17.15				17.00 - 17.15				
17.15 - 17.30				17.15 - 17.30				17.15 - 17.30				
17.30 - 17.45				17.30 - 17.45				17.30 - 17.45				
17.45 - 18.00	O11-1	O11-2	O12-1	O12-2	17.45 - 18.00			17.45 - 18.00				
18.00 - 18.15					18.00 - 18.15			18.00 - 18.15				
18.15 - 18.30					18.15 - 18.30			18.15 - 18.30				
18.30 - 18.45					18.30 - 18.45			18.30 - 18.45				
18.45 - 19.00					18.45 - 19.00			18.45 - 19.00				
19.00 - 19.15	O17-2	O17-3	O14-1		O16-1	O12-3	O13-4	O13-5				
19.15 - 19.30									19.15 - 19.30	19.15 - 19.30		
19.30 - 19.45									19.30 - 19.45	19.30 - 19.45		
19.45 - 20.00									19.45 - 20.00	19.45 - 20.00		
20.00 - 20.15									20.00 - 20.15	20.00 - 20.15		
20.15 - 20.30	O17-1		O19-1		20.15 - 20.30	O19-2		O19-3		VVC 8		20.15 - 20.30
20.30 - 20.45					20.30 - 20.45							20.30 - 20.45
20.45 - 21.00					20.45 - 21.00							20.45 - 21.00
21.00 - 21.15					21.00 - 21.15							21.00 - 21.15
21.15 - 21.30					21.15 - 21.30							21.15 - 21.30
21.30 - 21.45												
21.45 - 22.00												

# Trainingsschema Dinsdag

Veld 1					Veld 5					
17:00 - 17:15					17:00 - 17:15				O9-2	17:00 - 17:15
17:15 - 17:30					17:15 - 17:30					17:15 - 17:30
17:30 - 17:45					17:30 - 17:45					17:30 - 17:45
17:45 - 18:00					17:45 - 18:00					17:45 - 18:00
18:00 - 18:15					18:00 - 18:15					18:00 - 18:15
18:15 - 18:30	O10-3	O10-2	O9-3	O9-4	18:15 - 18:30		O14-2	O14-3	O14-4	18:15 - 18:30
18:30 - 18:45					18:30 - 18:45					18:30 - 18:45
18:45 - 19:00					18:45 - 19:00					18:45 - 19:00
19:00 - 19:15	O23-2		O23-3	MO17-1	19:00 - 19:15					19:00 - 19:15
19:15 - 19:30					19:15 - 19:30					19:15 - 19:30
19:30 - 19:45					19:30 - 19:45		O15-1	O15-2	O15-3	19:30 - 19:45
19:45 - 20:00					19:45 - 20:00					19:45 - 20:00
20:00 - 20:15					20:00 - 20:15					20:00 - 20:15
20:15 - 20:30	Selectie Senioren				20:15 - 20:30	Selectie Senioren				20:15 - 20:30
20:30 - 20:45					20:30 - 20:45					20:30 - 20:45
21:00 - 21:15					21:00 - 21:15					21:00 - 21:15
20:45 - 21:00					20:45 - 21:00					20:45 - 21:00
21:15 - 21:30					21:15 - 21:30					21:15 - 21:30
21:30 - 21:45					21:30 - 21:45					21:30 - 21:45
21:45 - 22:00					21:45 - 22:00					21:45 - 22:00

# Trainingsschema Woensdag

Veld 1				Veld 5						
15:30 - 15:45	Champions League		O8-3	O8-4	15:30 - 15:45	O8-1	O8-2	O9-1	15:30 - 15:45	
15:45 - 16:00					15:45 - 16:00				15:45 - 16:00	
16:00 - 16:15					16:00 - 16:15				16:00 - 16:15	
16:15 - 16:30					16:15 - 16:30				16:15 - 16:30	
16:30 - 16:45	O9-3 + O9-4	O9-5 + O9-6	O10-2		16:30 - 16:45	O10-1	O11-1	O11-2	O12-1	
16:45 - 17:00					16:45 - 17:00					16:45 - 17:00
17:00 - 17:15					17:00 - 17:15					17:00 - 17:15
17:15 - 17:30	O11-3	O11-4	O11-5	O10-4+O10-5	17:15 - 17:30	O10-1	O11-1	O11-2	O12-1	
17:30 - 17:45					17:30 - 17:45					17:30 - 17:45
17:45 - 18:00					17:45 - 18:00					17:45 - 18:00
18:00 - 18:15	O12-2	O12-3	O13-4	O13-5	18:00 - 18:15	O13-1		O13-2	O13-3	
18:15 - 18:30					18:15 - 18:30					18:15 - 18:30
18:30 - 18:45					18:30 - 18:45					18:30 - 18:45
18:45 - 19:00	O17-2	O17-3		O16-1	18:45 - 19:00	O14-1		VVC 8		
19:00 - 19:15					19:00 - 19:15					19:00 - 19:15
19:15 - 19:30					19:15 - 19:30					19:15 - 19:30
19:30 - 19:45	VVC 3		VVC 4		19:30 - 19:45	35+ en 45+ teams			19:30 - 19:45	
19:45 - 20:00					19:45 - 20:00				19:45 - 20:00	
20:00 - 20:15					20:00 - 20:15				20:00 - 20:15	
20:15 - 20:30					20:15 - 20:30				20:15 - 20:30	
20:30 - 20:45	VVC 3		VVC 4		20:30 - 20:45	35+ en 45+ teams			20:30 - 20:45	
20:45 - 21:00					20:45 - 21:00				20:45 - 21:00	
21:00 - 21:15					21:00 - 21:15				21:00 - 21:15	
21:15 - 21:30					21:15 - 21:30				21:15 - 21:30	
21:30 - 21:45	VVC 3		VVC 4		21:30 - 21:45	35+ en 45+ teams			21:30 - 21:45	
21:45 - 22:00					21:45 - 22:00				21:45 - 22:00	

# Trainingschema Donderdag

Veld 1					Veld 5					
17:00 - 17:15					17:00 - 17:15					17:00 - 17:15
17:15 - 17:30					17:15 - 17:30					17:15 - 17:30
17:30 - 17:45					17:30 - 17:45					17:30 - 17:45
17:45 - 18:00					17:45 - 18:00					17:45 - 18:00
18:00 - 18:15	O14-2	O14-3	O14-4		18:00 - 18:15	O15-2	O15-3			18:00 - 18:15
18:15 - 18:30					18:15 - 18:30					18:15 - 18:30
18:30 - 18:45					18:30 - 18:45					18:30 - 18:45
18:45 - 19:00					18:45 - 19:00					18:45 - 19:00
19:00 - 19:15	O17-1	O19-2			19:00 - 19:15	MO17-1			O15-1	19:00 - 19:15
19:15 - 19:30					19:15 - 19:30					19:15 - 19:30
19:30 - 19:45					19:30 - 19:45					19:30 - 19:45
19:45 - 20:00					19:45 - 20:00					19:45 - 20:00
20:00 - 20:15					20:00 - 20:15					20:00 - 20:15
20:15 - 20:30	O19-1	selectie senioren			20:15 - 20:30	Selectie Senioren				20:15 - 20:30
20:30 - 20:45					20:30 - 20:45					20:30 - 20:45
20:45 - 21:00					20:45 - 21:00					20:45 - 21:00
21:00 - 21:15					21:00 - 21:15					21:00 - 21:15
21:15 - 21:30					21:15 - 21:30					21:15 - 21:30
21:30 - 21:45					21:30 - 21:45					21:30 - 21:45
21:45 - 22:00					21:45 - 22:00					21:45 - 22:00

# Trainingsschema Vrijdag

Veld 1					Veld 5						
17:00 - 17:15					17:00 - 17:15					17:00 - 17:15	
17:15 - 17:30	O10-3				17:15 - 17:30					17:15 - 17:30	
17:30 - 17:45					17:30 - 17:45					17:30 - 17:45	
17:45 - 18:00					17:45 - 18:00					17:45 - 18:00	
18:00 - 18:15					18:00 - 18:15					18:00 - 18:15	
18:15 - 18:30					18:15 - 18:30					18:15 - 18:30	
18:30 - 18:45					18:30 - 18:45					18:30 - 18:45	
18:45 - 19:00					18:45 - 19:00					18:45 - 19:00	
19:00 - 19:15					19:00 - 19:15					19:00 - 19:15	
19:15 - 19:30					19:15 - 19:30					19:15 - 19:30	
19:30 - 19:45					19:30 - 19:45					19:30 - 19:45	
19:45 - 20:00					VVC 7					O23-3	
20:00 - 20:15										20:00 - 20:15	20:00 - 20:15
20:15 - 20:30										20:15 - 20:30	20:15 - 20:30
20:45 - 21:00										20:45 - 21:00	20:45 - 21:00
21:00 - 21:15					21:00 - 21:15					21:00 - 21:15	
21:15 - 21:30					21:15 - 21:30					21:15 - 21:30	
21:30 - 21:45					21:30 - 21:45					21:30 - 21:45	
21:45 - 22:00					21:45 - 22:00					21:45 - 22:00	